



BLOSSOM

A FAMILY ENRICHMENT PROGRAM

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"Navigating life's challenges through a series of tweaks"

Blossom's purpose.....

- Blossom is a Family Coaching program for teenagers and adults which is aimed at helping families manage the emotional impact and challenge associated with disability
- Blossom is an education and coaching program that helps family members understand each others emotions and behavioural response to negative events and life challenges
- Blossom assists family members to develop a Family Enrichment and Refinement Plan so joint family goals can be developed



1

When it comes to making change happen in our life, creating a Grand Plan can be overwhelming.

2

Sometimes, it's the "tiny tweaks" that make the difference.

3

A small tweak or a very simple next step can feel graspable, manageable, doable and sometimes exciting

A series of tiny tweaks can join forces to create big, life-changing patterns

Blossom uses a Family
Enrichment and Refinement
Plan to help families bring
their family goals together
through making a series of
manageable tweaks to life



Blossom

- Delivered by consultants with significant experience in counselling, coaching or mediation and the impact of challenge on individuals and their families
- Structured as 6 hours of coaching across an agreed number of sessions

Office Locations

Head Office

Shop 2, 18-22 Hurtle Parade Mawson Lakes SA 5095

Scan the QR code to see the other areas we service

